

Floral Designing Wellness Workshop (In-Person)



Please join IFSS of Bergen County and NAMI Greater Bergen for a special in-person event on:

Monday, July 14, 2025 @ 7 pm

[Bergen New Bridge Medical Center, Auditorium](#)

Please register by 7/10/25

[REGISTER](#)

The workshop will allow you to design your own floral arrangement using farm-fresh flowers. It aims to provide social connection, an improved sense of wellness, and stress reduction.

Vases and flowers have been generously donated by an IFSS & NAMI family member

This workshop has enough space and materials for 12 participants. The first 12 people to reserve a spot will receive a confirmation notice.

